

Changing Challenging Behaviors

4.1 Accessibility Preferences

Accessibility Preferences

Select the "Turn Accessibility ON" button to use an accessible version of this course. This version is ideal for those who use screen readers, require keyboard-only access, or prefer high contrast content.

Then, choose next.

A circular button with a blue border and a white center. The text "Turn Accessibility ON" is written in blue inside the circle.

4.2 Texas Health and Human Services

The logo for Texas Health and Human Services, featuring a circular seal with a star and the text "TEXAS Health and Human Services".

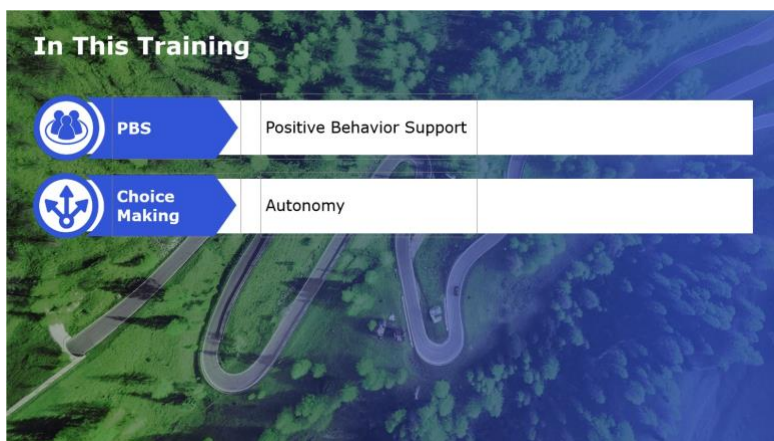
"This presentation was developed under grant CFDA 93.791 from the U.S. Department of Health and Human Services, Centers for Medicare & Medicaid Services. However, these contents do not necessarily represent the policy of the U.S. Department of Health and Human Services, and you should not assume endorsement by the Federal Government."

The MFP logo, featuring a stylized figure with a cane and a wheelchair, with the letters "MFP" below it. The text "MONEY FOLLOWS THE PERSON" is written below the logo.

1.1 Changing Challenging Behaviors



1.2 In This Training



1.3 Defining Positive Behavior Support



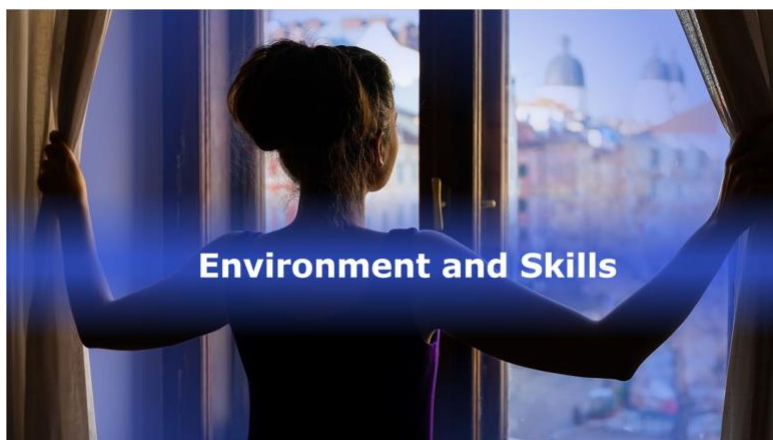
1.4 Person-Centered Approach



1.5 The Goal of PBS



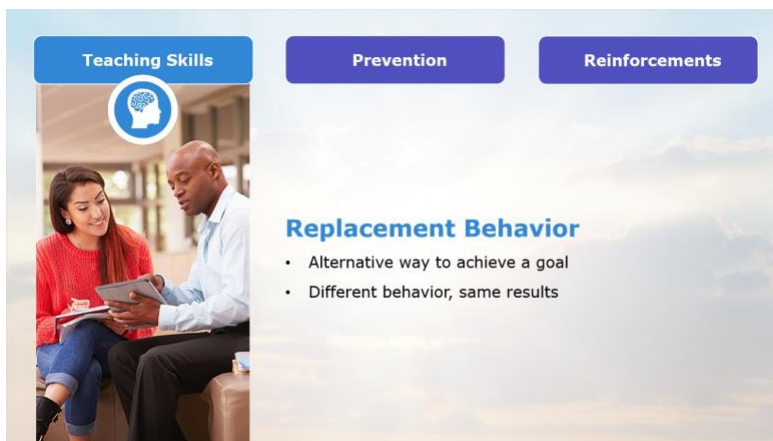
1.6 Environment and Skills



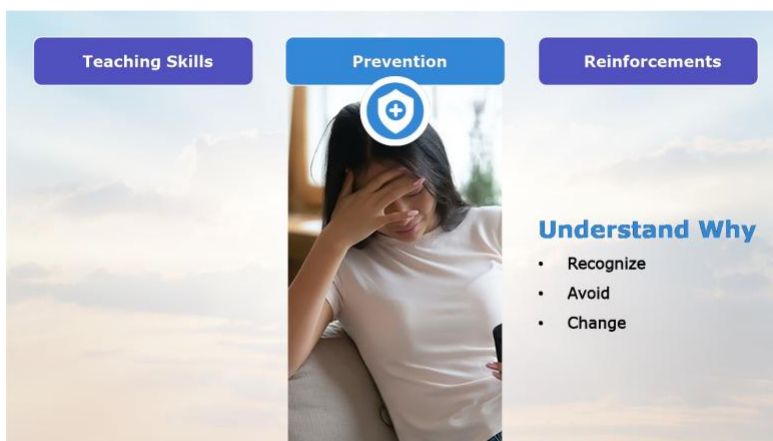
1.7 Three Activities of PBS



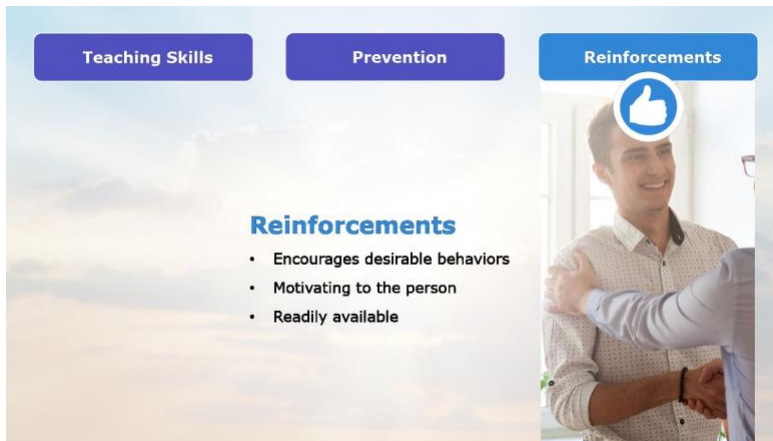
Teaching Skills (Slide Layer)



Prevention (Slide Layer)



Positive Reinforcement (Slide Layer)

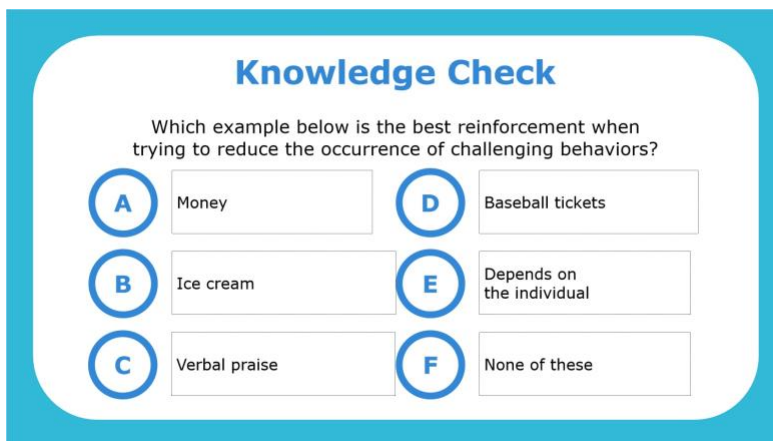


The slide features a navigation bar at the top with three buttons: 'Teaching Skills', 'Prevention', and 'Reinforcements'. The 'Reinforcements' button is highlighted with a thumbs-up icon. The main content area has a background image of a cloudy sky and a photo of a man in a light blue shirt being hugged by another person. A thumbs-up icon is overlaid on the photo.

Reinforcements

- Encourages desirable behaviors
- Motivating to the person
- Readily available

1.8 Knowledge Check

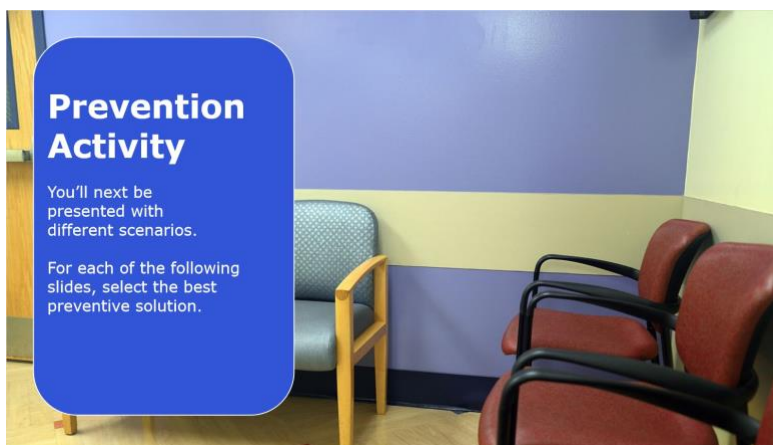


Knowledge Check

Which example below is the best reinforcement when trying to reduce the occurrence of challenging behaviors?

A	Money	D	Baseball tickets
B	Ice cream	E	Depends on the individual
C	Verbal praise	F	None of these

1.9 Prevention Activity



Prevention Activity

You'll next be presented with different scenarios.

For each of the following slides, select the best preventive solution.

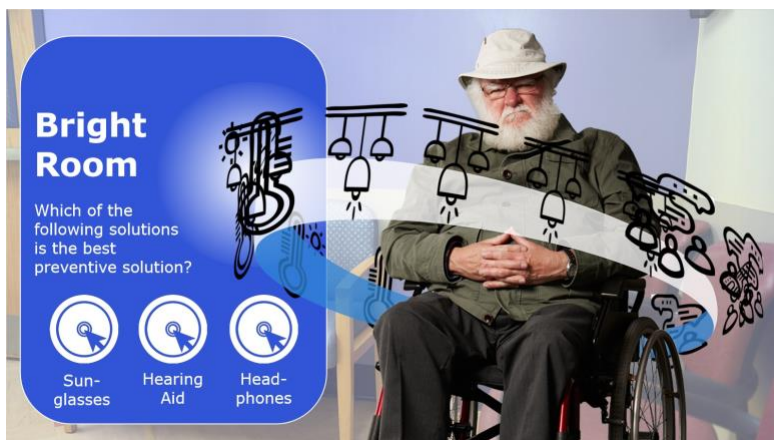
1.10 Loud Room



1.11 Cold Room



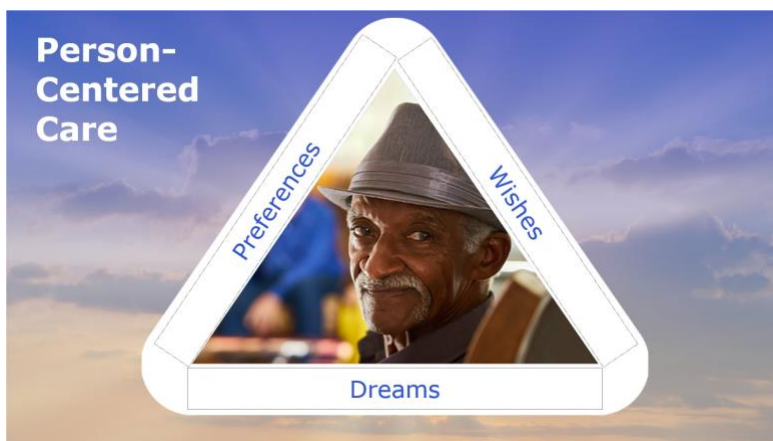
1.12 Bright Room



1.13 Choice Making



1.14 Person-Centered Care



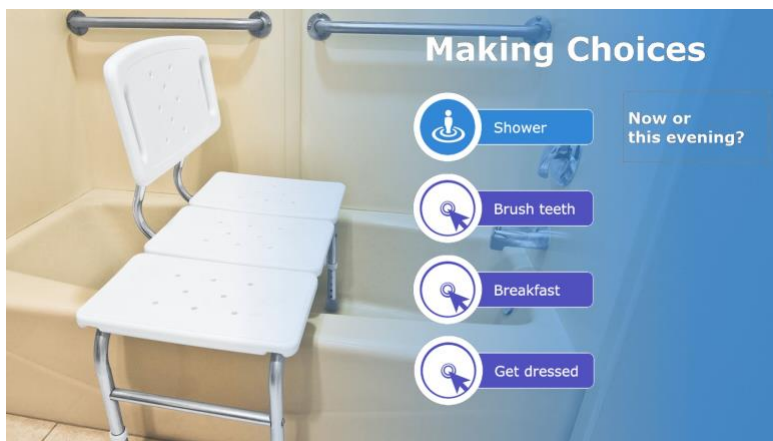
1.15 Making Choices Interaction



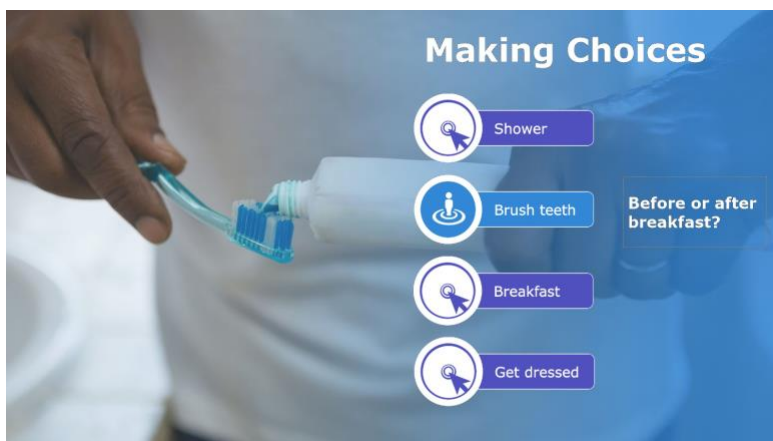
1.16 Making Choices



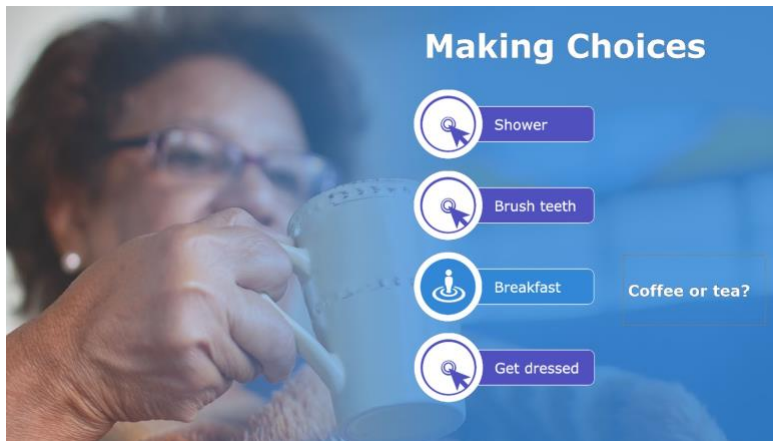
Shower (Slide Layer)



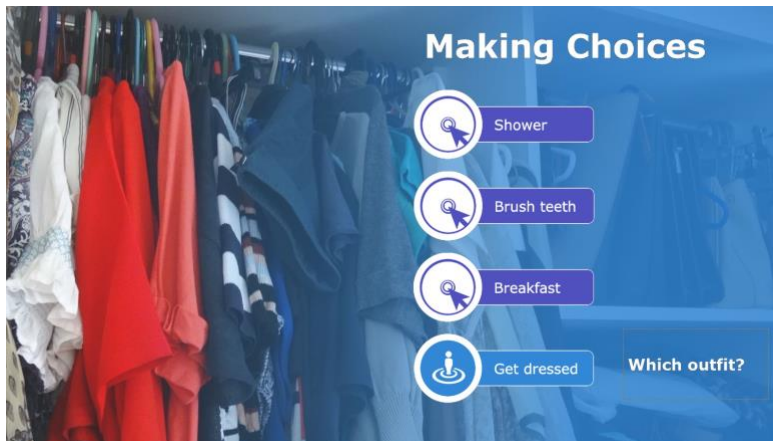
Brush (Slide Layer)



Breakfast (Slide Layer)



Dressed (Slide Layer)



1.17 Noticing Changes



1.18 Key Takeaways

Key Takeaways



Behaviors serve a specific purpose



Choice-making can reduce challenging behaviors and encourage independence



Help find constructive ways to improve communication



Identify a supervisor or mentor to support you